

The Library has gone to the Dog!: McMaster University Library and a Liam the Library Dog

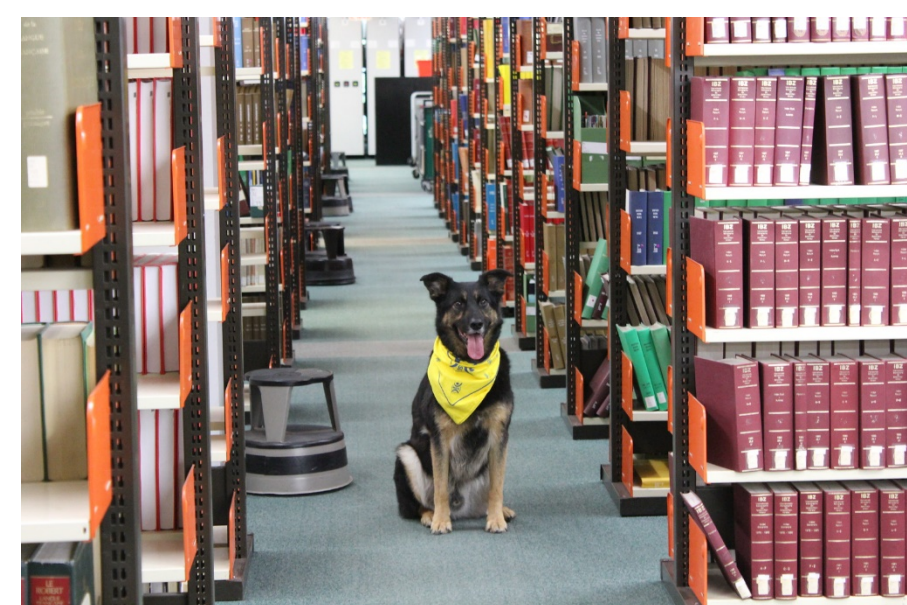
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Introduction

- Dogs At Mac, a project run by the Faculty of Social Sciences at McMaster, uses canine assisted interventions with students, faculty and staff. Dogs At Mac is a student wellness program that researches the impact of therapy dogs on stress reduction.
- Dogs bring comfort and affection. Studies show that therapy dogs can help students cope with the stresses of university life and, as a result, do better in their academic pursuits.
- Liam the Library Dog visits the McMaster University Libraries every other week, giving students a break from studying and stress.

Visiting with Students



Infographic

The Benefits of a Therapy Dog



Overcoming Objections



Visiting with Students



Comments

"I was really stressed about my exam. but Liam makes it all better!"

"I miss my dog soooo much"

"Liam is so calm, he helps me relax"

LIAM

